



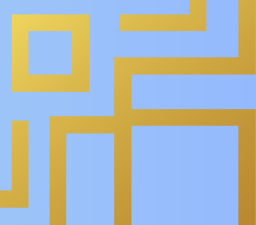
Kakeibo-templates.com

Kakeibo Monthly Budget Planner

*Mindful Money Journal for
Intentional Living*

MONTH : _____

Turn the page to take control of your money

A decorative graphic in the bottom right corner consisting of several nested, L-shaped lines in a golden-yellow color, mirroring the design in the top left.



Monthly Income: _ _ _ _ _

Desired Monthly Savings: _ _ _ _ _

Why I want to save?



BUDGET PLANNING SHEET

CATEGORY	ESTIMATED	ACTUAL	NOTES
NEEDS			
WANTS			
CULTURE			
UNEXPECTED			



EXPENSE LOG

DATE	CATEGORY	DESCRIPTION	AMOUNT



EXPENSE LOG

DATE	CATEGORY	DESCRIPTION	AMOUNT



REFLECTIONS

What brought me joy this month?

What could I have skipped?

Did I meet my savings goal? Why?

What will I change next month?

*Reflect without guilt. Every expense
teaches you something.*





HABIT TRACKER

HABIT	✓ Week 1	✓ Week 2	✓ Week 3	✓ Week 4
NO-SPEND DAY				
LOGGED EXPENSES DAILY				
REFLECTED ON PURCHASES				